



North Carolina 4-H Achievement Plan



NAME _____ DATE OF BIRTH _____

Address _____

_____ ZIP _____

Name of Club _____ Years in Club _____

Parent/Guardian Name _____

Do you set goals for yourself or do others set them for you? How do you feel when you accomplish something? Does what you accomplish make a difference to you? How can you plan and work to do a better job of meeting your goals? When you reach a goal, and feel some satisfaction in reaching that goal, does this help you set new goals? What if you are not quite satisfied with your accomplishments? How can you get the most out of 4-H and receive satisfaction for your goals?

The 4-H Achievement Plan will help you with these things. It will help in:

1. Setting your goals and making plans to reach them.
2. Enriching your 4-H program as you grow.
3. Evaluating your own efforts and accomplishments and by taking a look with your leader as to how well you have met your goals.
4. Reaching more of your goals.
5. Setting new goals that will help you grow and develop your skills and personality.

To be successful your plan will require loyalty to your 4-H club, your county, state, nation, and world. Service to others is very important. Creativity, responsibility, and leadership will be required. The satisfaction you feel for your job well done will make it all worthwhile.

Planning – To achieve your highest goals, plan your 4-H participation and set your goals at the start of your year or immediately after achieving a lower level. Use this achievement form to talk with your family and 4-H Leaders. Ask their advice in helping to set your goals and to help you accomplish them.

Directions:

1. Check the suggestions in the “Planned” column that you plan to accomplish.
2. Fill out the “Date Accomplished” column when you complete a requirement.
3. Check the highest award listed below for which you are applying.
4. Turn this in to your 4-H leader when you meet the minimum requirements for a Level.
5. Only one level may be reached each year in 4-H
6. You may begin the Achievement Plan at any time in your 4-H career. You must be 9 years old to begin the Green Clover Award. It may take more than 1 year to finish a level.

4-H’ers who strive and excel in improving themselves, their clubs, and their communities shall be given appropriate awards as follows:

- _____ Cloverbud 5-6 Achievement Award
- _____ Cloverbud 7-8 Achievement Award
- _____ Green Clover Achievement Award
- _____ Bronze Achievement Award
- _____ Silver Achievement Award
- _____ Gold Achievement Award
- _____ Achievement Medal

The Certificates may be obtained from the State 4-H office for the Green, Bronze, Silver and Gold Achievement Awards. The Achievement Medal can be ordered from National 4-H Supply by the county.

5-6 Year Old Cloverbud Achievement Award

To be eligible you must do Requirements 1- 3 and 2 optional activities.

Planned	Date Completed	
_____	_____	1. Attend at least 3/4th of the scheduled 4-H meetings.
_____	_____	2. Have a planning meeting with your 4-H Leader.
_____	_____	3. Learn and lead the 4-H Pledge.

Planned	Date Completed	Optional Activities
_____	_____	4. With your family's help, complete a Curriculum Book for ages 5-6. Book _____
_____	_____	5. Learn and lead the 4-H motto.
_____	_____	6. Make a collage or draw a picture to show what you've learned in 4-H and bring to club meeting.
_____	_____	7. "Show and Tell" about something you've learned in 4-H with your family.

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Cloverbud Ruby Achievement Award.

4-H Leader's Signature _____ Date _____

7-8 Year Old Cloverbud Achievement Award

To be eligible you must do Requirements 1- 4 and 3 optional activities.

Planned	Date Completed	
_____	_____	1. Attend at least 3/4th of the scheduled 4-H meetings.
_____	_____	2. Participate in at least 1 county 4-H event. Event _____
_____	_____	3. Learn and lead the 4-H Pledge.
_____	_____	4. Have a planning meeting with your 4-H Leader.

Planned	Date Completed	Optional Activities
_____	_____	5. With your family's help, complete a Curriculum Book for ages 7-8. Book _____
_____	_____	6. Lead the American Pledge at a 4-H meeting.
_____	_____	7. Create a craft item that shows what you like about 4-H and bring to a club meeting.
_____	_____	8. "Show and Tell" about something you've learned in 4-H with your family.
_____	_____	9. Participate in one community service project. List _____

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Cloverbud Sapphire Achievement Award.

4-H Leader's Signature _____ Date _____

Green Clover Achievement Award (For ages 9-18)
To be eligible you must do Requirements 1- 4 and 4 optional activities.

Planned	Date Completed	
_____	_____	1. Attend at least 3/4th of the scheduled 4-H meetings
_____	_____	2. Complete and turn in at least one project record book to your 4-H leader. Project _____
_____	_____	3. Participate in at least 1 county 4-H event. Event _____
_____	_____	4. Have a planning meeting with your 4-H Leader.

Planned	Completed	Optional Activities
_____	_____	5. Have a parent or other adult to attend at least two club or group meetings.
_____	_____	6. Learn what county and 4-H district you are in: _____.
_____	_____	7. Exhibit at least one 4-H project. What exhibited? _____ Where? _____
_____	_____	8. Give a talk about your 4-H project before a group. Topic: _____ Where? _____
_____	_____	9. Participate in one community service project. List _____
_____	_____	10. Attend 4-H District Activity Day.

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Green Clover Achievement Award.

4-H Leader's Signature _____ Date _____

Bronze Achievement Award (For ages 9-18)

You must have already received the Green Clover Achievement Award. To be eligible you must do Requirements 1- 5 and 5 optional activities.

Planned	Date Completed	
_____	_____	1. Attend at least 3/4th of the scheduled 4-H meetings
_____	_____	2. Complete and turn in at least two project record books to 4-H Club leader. Books _____
_____	_____	3. Give Presentation or talk at 4-H meeting. Topic: _____
_____	_____	4. Participate in at least one community service project. Project: _____
_____	_____	5. Have a planning meeting with your 4-H Leader.

Planned	Completed	Optional Activities
_____	_____	6. Work on a committee in your club or county. List: _____
_____	_____	7. Attend County Achievement Program.
_____	_____	8. Participate in a county, district, or state contest (speaking, talent, judging, shows). Type: _____
_____	_____	9. Participate in another countywide activity. List _____
_____	_____	10. Be on a program at a local club meeting (ex: Lions, Ruritans). Date _____
_____	_____	11. Self Determined goal; approved by 4-H Club Leader. Explain _____
_____	_____	12. Participate in North Carolina 4-H Congress.
_____	_____	13. Exhibit at least one 4-H project. What exhibited? Where? _____

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Bronze Achievement Award.

4-H Leader's Signature _____ Date _____

Silver Achievement Award (For ages 9-18)

You must have already received the Green Clover and Bronze Achievement Awards.

To be eligible you must do Requirements 1- 7 and 8 optional activities.

Planned	Date Completed	
_____	_____	1. Attend at least 3/4th of the scheduled 4-H meetings
_____	_____	2. Complete and turn in at least three project record books to 4-H Club leader. Books _____
		3. Give Presentation or talk at 4-H meeting. Topic: _____
_____	_____	4. Participate in at least two community service projects. Projects: _____
_____	_____	5. Work on a committee in your club or county. List: _____
_____	_____	6. Attend at least one County Council Meeting. Date _____
_____	_____	7. Have a planning meeting with your 4-H Leader.

Planned	Completed	Optional Activities
_____	_____	8. Attend County Achievement Program.
_____	_____	9. Assist with County 4-H Camps if possible. List: _____
_____	_____	10. Participate in a county 4-H Entertains. Act: _____
_____	_____	11. Give a Presentation at County 4-H Activity Day. List _____
_____	_____	12. Participate in a District Retreat. Date: _____
_____	_____	13. Give a 4-H talk or presentation at a local club meeting (ex: Lions, Ruritans). Date _____
_____	_____	14. Give a speech at 4-H Meeting/Activity Contest. Title: _____
_____	_____	15. Serve as a Club Officer. Office: _____

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|-------|-------|--|
| _____ | _____ | 16. Self Determined goal; approved by 4-H Club Leader.
Explain_____ |
| _____ | _____ | 17. Participate in North Carolina 4-H Congress. |
| _____ | _____ | 18. Exhibit at least one 4-H project. What exhibited?
_____ Where? _____. |
| _____ | _____ | 19. Participate in district or state 4-H Activity. What: _____ |
| _____ | _____ | 20. Recruit one young person for your club. Name _____ |

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Silver Achievement Award.

4-H Leader's Signature _____ Date _____

Gold Achievement Award (For ages 9-18)

You must have already received the Green Clover, Bronze and Silver Achievement Awards.

To be eligible you must do Requirements 1- 7 and 10 optional activities.

Planned	Date Completed	
_____	_____	1. Serve as Junior/Teen Leader in County Event or Activity or at your club. List: _____
_____	_____	2. Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books: _____
		4. Give Presentation or talk at 4-H meeting or other group. Topic: _____
_____	_____	4. Participate in at least two community service projects. Projects: _____
_____	_____	5. Serve as a chairman of a committee in your club or county. List: _____
_____	_____	6. Attend at least one County Council Meeting. Date _____
_____	_____	7. Have a planning meeting with your 4-H Leader.

Planned	Completed	Optional Activities
_____	_____	8. Serve as a Leader in Training (LIT) at a State 4-H Camp.
_____	_____	9. Volunteer at a community agency. # Hours: _____
_____	_____	10. Participate in a county 4-H Entertains. Act: _____
_____	_____	11. Publish a news article related to 4-H.
_____	_____	12. Participate in District Retreat. Date: _____
_____	_____	13. Give a 4-H talk or presentation at a local club meeting (ex:

- Lions, Ruritans). Date _____
- ____ 14. Give a speech at 4-H Meeting/Activity Contest. Title: _____
- ____ 15. Serve as a County Council Officer and attend 2/3 of the meetings. Office: _____
- ____ 16. Self Determined goal; approved by 4-H Club Leader. Explain _____
- ____ 17. Plan and carry out an individual community service project. Explain: _____
- ____ 18. Exhibit at least one 4-H project. What exhibited? _____ Where? _____.
- ____ 19. Attend NC Citizenship Focus.
- ____ 20. Assist other 4-H'ers with a project. List: _____
- ____ 21. Participate in the Application, Resume & Interview process.
- ____ 22. Attended National 4-H Congress. Date: _____
- ____ 23. Attended National 4-H Conference. Date: _____
- ____ 24. Participate as a delegate in a 4-H Exchange Trip with another county or state or serve as a host to a 4-H delegate from another county or state.
- ____ 25. Assist in organizing a new 4-H club. Explain your part in planning for and helping with the organization of the club. _____

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Gold Achievement Award.

4-H Leader's Signature _____ Date _____

Achievement Medal (For ages 13-18)

You must have already received the Green Clover, Bronze, Silver, and Gold Achievement Awards. The Achievement Medal is a special award for outstanding older 4-H'ers.

To be eligible you must:

Planned	Date Completed	
_____	_____	1. Meet Guidelines 1-7 for the Gold Achievement Award (must be repeated).
_____	_____	2. Complete 20 optional activities. These can be selected From activities in the silver or gold achievement Awards. Items # 22 & 23 may not be repeated. The same type of events may not be repeated twice. (Example: Silver #10 and Gold #10)

Required activities:

Planned	Date Completed	
_____	_____	1. Serve as Junior/Teen Leader in County Event or Activity or at your club. List: _____
_____	_____	2. Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books: _____
_____	_____	5. Give Presentation or talk at 4-H meeting or other group. Topic: _____
_____	_____	4. Participate in at least two community service projects. Projects: _____
_____	_____	5. Serve as a chairman of a committee in your club or county. List: _____
_____	_____	6. Attend at least one County Council Meeting. Date _____
_____	_____	7. Have a planning meeting with your 4-H Leader.

Silver Optional Activities

Gold Optional Activities

Planned	Date Completed	Activity	Planned	Date Completed	Activity
_____	_____	8. _____	_____	_____	8. _____
_____	_____	9. _____	_____	_____	9. _____
_____	_____	10. _____	_____	_____	10. _____
_____	_____	11. _____	_____	_____	11. _____
_____	_____	12. _____	_____	_____	12. _____
_____	_____	13. _____	_____	_____	13. _____
_____	_____	14. _____	_____	_____	14. _____
_____	_____	15. _____	_____	_____	15. _____
_____	_____	16. _____	_____	_____	16. _____
_____	_____	17. _____	_____	_____	17. _____
_____	_____	18. _____	_____	_____	18. _____
_____	_____	19. _____	_____	_____	19. _____
_____	_____	20. _____	_____	_____	20. _____
			_____	_____	21. _____
		.	_____	_____	22. _____
			_____	_____	23. _____
		.	_____	_____	24. _____
			_____	_____	25. _____

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Achievement Medal.

4-H Leader's Signature _____ Date _____

Agent's Signature _____ Date _____